SNJB's Smt. K B. Abad Homoeopathic Medical College, Chandwad.

✤ Durable assets created during the past 3 years and other achievement -

- 1. NSS unit of **Smt K B Abad Homoeopathic Medical College** works with focus on **health-related issues of the community**. We do regular weekly visit to adaptive village Uswad PHC and provide health services required for these people. We conduct demographic health Surveys in adaptive village for screening of families for various medical, social, educational and financial issues. 100 volunteers achieved the target of 521 houses in Uswad village. Volunteers worked hard for collection of DHS, visited every house in village. Response from the villagers and the gram panchayat were supportive.
- 2. One of the main activities focused was about cleanliness awareness (Swachata Abhiyaan) in Chandwad and nearby villages every year. Villagers were made aware about benefits of cleanliness habits. Hand wash demos were given in every village, school, and group of families during campaigning. Swachata campaign done through rangoli, digital posters, skits.
- 3. **Plastic Free Campaign** an initiative by Govt. of India was conducted in villages. Rallies, street plays were done to creating importance of wrong and hazardous practices of Plastic use.
- 4. During the time of Covid pandemic various *mitigation and prevention activities* were performed by unit. These includes screening of villages, distribution of **Arsenicum album as Homeoprophylaxis**, creating awareness about social distancing, use of sanitizer, and hand wash. Distribution of food packets for the migrating pandemic affected people on NH3.
- 5. During Covid 19 pandemic free mask distribution and training of preparation of mask at home was done in all villages. Volunteers made self- videos of making homemade masks and share videos in the villages and on social media.
- 6. During the pandemic to maintain health and prevent against the disease Doctor at Doorstep activity, fever clinic programs conducted in Chandwad and Nandgaon both taluka and nearby villages. We provided our hospital for Covid patients and its treatment as DHC centre in chandwad. We also extended our services by providing our hostels as quarantine centers for covid. Videos, collages, social media flyers were made and spread in the society.

Initiative taken by Programme officer in strengthening the Programmes activities during past 3 years involving NSS Volunteers and other local agencies-

- 1. In association with Govt. Health department every year we organize Rally on World Tuberculosis Day, 24th March.
- In last three years program officer organizes workshop for girl volunteers & students for Gender Sensitization to create awareness regarding gender equality issues and modifying the behavior.
- 3. Every year we organize at least two blood donation camp and organ donation awareness activity in villages. Arpan Blood Bank provides all the necessary arrangements and cooperative staff for blood donation activity since past many years.
- 4. Unit organizes Cancer awareness activity every year on 8th March for Cervical and Breast cancer for its prevention and early detection by PAP smear and self-breast examination.
- 5. Unit provide facilities regarding arranging free health checkup camps, free medicines for villagers, arrangement of intern students, honorary Consultants and School health checkup camps and other miscellaneous help is being promptly provided by the hospital administration time to time. Providing space for arranging street plays and awareness programs for visitors, patients and their relatives, display areas for arranging poster competitions etc.
- 6. We provide **daily health services** to various villages with two Ambulance and team of Doctors and interns to Puri, Dighwad, Parsul, Adgaon, Tisgaon, Wadalibhoi, Kaji sangvi, Dugaon and Uswad which are adopted under National Service Scheme with the help from school and grampanchayt of these villages.
- 7. International **Yoga Day** is celebrated by the NSS unit assistant PO Dr. Mrs. Arpana Pareek, a certified Yoga Trainer, organize yoga for students, staff and patients visiting in the hospital.
- 8. Unit organize regular activity for **Deaddiction Awareness** in villagers through street plays, posters, slogans, family survey and personal counseling.