



# Maharashtra University of Health Sciences, Nashik

Vani – Dindori Road, Mhasrul, Nashik – 422 004.

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2020

## Brief Report of International Day of Yoga Conducted on 21 June 2020

MAHARASHTRA UNIVERSITY OF HEALTH SCIENCES, NASHIK

Name of the College: Smt. K.B. Abad Homoeopathic Medical College  
Chandwad Dist. Nashik 423101

Region: - Mumbai/ Pune/ Uttar Maharashtra/ Vidarbha/Marathwada

1. Morning Yoga demo (7:00 am to 8:00 am) was conducted: - Yes/No (Online)

2. Number of participants in the morning demo:- More than 100

3. Name of Yoga teacher who conducted the morning demo:- Dr. (Mrs) A.S. Pareek

4. Name of the Asanas and Pranayama conducted during the morning demo:-

- Warm up exercises, Surya Namaskar
- Tadasan, Trikonasan, Vrikshasan
- Uttar Bhadrasan, Padhashtasan
- Majrasan, Shishuasan, Mandukasana, Pravarasana

5. Name of the best participant in the Morning Yoga Session : Aditi Malkani

6. Was the Participant Felicitated :- Yes/No Yes

7. Whether Yoga exhibition was conducted at College :- Yes/No No

8. Whether banners/ poster were displayed in campus of awareness of yoga :- Yes/No No

9. Whether essay competition was conducted:- Yes/No No

10. Number of prize winning participants: —

11. Topics of the essay given: —

12. Name of the prize Winners & topics of the essay : —

13. Any other Activity conducted for awareness of yoga: —

14. Relevant photographs of Morning Demo of action taken report & other photographs of the day :- Yes/No No

15. Soft copy of photographs & report sent by email :- Yes/No No

College Co-ordinator :-

Name Dr. J.R. Suryawanshi

Signature —

Designation Professor

Email id & Phone dr.jayasbhi.suryawanshi@gmail.com  
9604762427

Incharge of Institutes :-

Name Dr. A.O. Dakhad

Signature —

Designation Principal & Professor

Email id & Phone khahmc-nsk@rediffmail.com  
(02556) 253282

S.N.J.B'S

Smt. K. B. Abad Homoeopathic Medical College &  
Shri R. P. Chordiya Hospital, Neminagar, Chandwad

## NOTICE

No. 26.

Date: 20/06/2020

All the Teaching & Non Teaching staff are hereby informed to attend an **online yoga session on zoom app (ID - 75869234716, Password - 1e45hc)** on 21-06-2020 from 8.30am to 9.30am. on the occasion of **6<sup>th</sup> INTERNATIONAL YOGA DAY.**

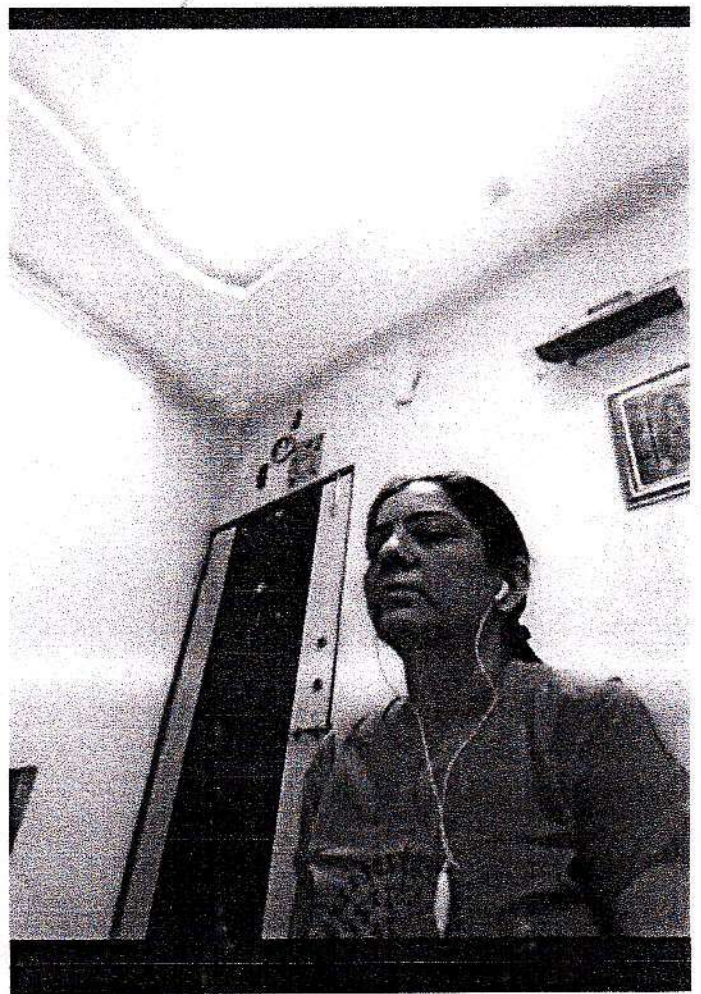
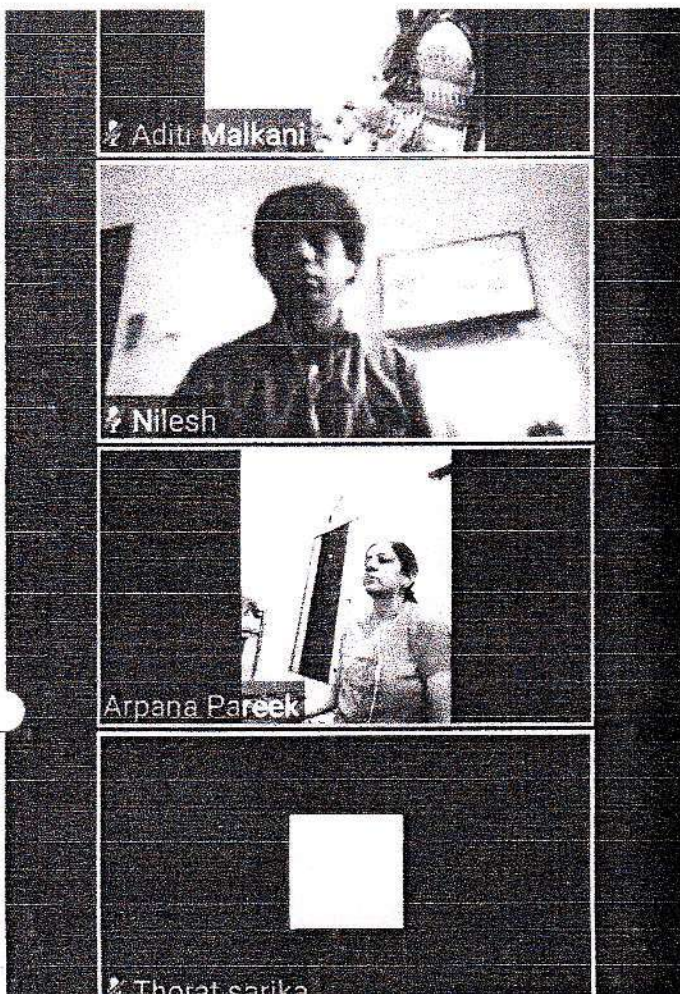
*F. Desai*

**PRINCIPAL**

SNJS's Smt. K. B. Abad Homoeopathic  
Medical College & Shri R. P. Chordiya  
Hospital, & Bhamburda Shri V. D. Mahala Dev-Vijay  
P. G. Institute of Homoeopathy & Research  
Centre, Chandwad, Dist. Nashik

*Sankar*







Neminagar Chandwad (Nashik)

International Yoga day 21<sup>st</sup> June 2020

II B.H.M.S.(Nov/Dec 2019-20)

Roll No.	Name of students	Attendance
1	Ah Naushaba Irshad	A
2	Devre Vanshita Rajendrabhai	P
3	Rokade Prithviraj Munjaji	P
4	Chhajed Aakash Rajesh	P
5	Ansari Shaan Raza Raees	A
6	Badne Pratiksha Shivaji	P
7	Bora Yukta Sandeep	P
8	Chakor Komal Ashokrao	P
9	Deshmane Saloni Chandrakant	P
10	Jain Shrushti Pawan	P
11	Joshi Prachi Pandurang	P
12	Kudai Ayesha Sufiyan	A
13	Mankar Dhiraj Anil	P
14	Patil Payal Sanjay	P
15	Tiwari Shagun Madhusudan	P
16	Ansari Aiman Mohammed Rafeeqe	P
17	Bhandari Komal Dilip	P
18	Bramhecha Aishwarya Nitin	P
19	Jain Chaitali Pramod	P
20	Kulkarni Nivedita Dnyaneshwar	P
21	Nanavaty Richa Jawahar	P
22	Neha Shabbir Ahmed	P
23	Pagar Yash Bhausahab	P
24	Patil Minal Dnyaneshwar	P
25	Pawar Kajal Kailas	P
26	Sutane Anjali Prashant	P
27	Thakare Purvi Vilas	P

*Tejendra*  
21/6/20

## Neminagar Chandwad (Nashik)

International Yoga day 21<sup>st</sup> June 2020

II B.H.M.S.(Nov/Dec 2019-20)

Roll No.	Name of students	Attendance
1	Ah Naushaba Irshad	A
2	Devre Vanshita Rajendrabhai	P
3	Rokade Prithviraj Munjaji	P
4	Chhajed Aakash Rajesh	P
5	Ansari Shaan Raza Raees	A
6	Badne Pratiksha Shivaji	P
7	Bora Yukta Sandeep	P
8	Chakor Komal Ashokrao	P
9	Deshmane Saloni Chandrakant	P
10	Jain Shrushti Pawan	P
11	Joshi Prachi Pandurang	P
12	Kudai Ayesha Sufiyan	A
13	Mankar Dhiraj Anil	P
14	Patil Payal Sanjay	P
15	Tiwari Shagun Madhusudan	P
16	Ansari Aiman Mohammed Rafeeqe	P
17	Bhandari Komal Dilip	P
18	Bramhecha Aishwarya Nitin	P
19	Jain Chaitali Pramod	P
20	Kulkarni Nivedita Dnyaneshwar	P
21	Nanavaty Richa Jawahar	P
22	Neha Shabbir Ahmed	P
23	Pagar Yash Bhausahab	P
24	Patil Minal Dnyaneshwar	P
25	Pawar Kajal Kailas	P
26	Sutane Anjali Prashant	P
27	Thakare Purvi Vilas	P

*Aspirant*  
21/6/20





Neminagar Chandwad ( Nashik )

International Yoga Day 21<sup>st</sup> June 2020

III B.H.M.S.(Nov/Dec 2019-20)

Roll No.	Name of students	Attendance
1	Holkar Komal Pravin	P
2	Hingmire Ankita Jitendra	P
3	Patil Shubham Sadanand	P
4	Shaikh Taufik Siddik	A
5	Borkhade Janhavi Santosh	P
6	Chaudhari Mayuri Somnath	P
7	Chaudhari Shraddha Nivrutti	P
8	Chaudhari Kavita Ravindra	P
9	Gangurde Taruna Dinkar	P
10	Jaiswar Nisha Ashok	P
11	Khairnar Yogesh Devidas	A
12	Momin Shahbaz Akhter Shabbir Ahmed	A
13	Muskan Anwar Husain	P
14	Patil Rajeshree Ravindra	P
15	Samajannavar Jinendra Jakappa	P
16	Sonawane Aditya Vinod	P
17	Vaidya Vaibhav Deepak	P
18	Ware Tushar Ratnadip	P
19	Danole Aarti Rajendra	P
20	Pagar Vaishnavi Anil	P
21	Patil Manish Nana	P
22	Patil Vaibhav Rajendra	P
23	Swamy Balmurgan Chinna	P

Apa  
21/6/20



## Neminagar Chandwad ( Nashik )

International Yoga day 21<sup>st</sup> June 2020  
IV B.H.M.S.(Nov/May 2019-20)

Roll.No.	Name of students	Attendance
1	Kasai Khaild Qayyam	A
2	Biswas Anirban Dilip	P
3	Patani Kajal Vijay	P
4	Ahuja Vishal Haresh	P
5	Ansari Shabaaz Niyaz Ahmed	P
6	Attar Nivedini Zakirbhai	A
7	Bansode Jaydeep Siddharth	P
8	Bedse Nikita Pandit	A
9	Belote Jyoti Santosh	P
10	Chankeshwara Mansi Sanket	P
11	Chankeshwara Siddhali Sajan	P
12	Chaure Prajakta Bapurao	P
13	Chopada Kirti Sanjay	P
14	Chaugule Manali Mahavir	P
15	Dhende Prerna Vijay	P
16	Dhokale Samidha Sudhir	P
17	Dhuniya Tahir Ali Abdul Kalam	P
18	Edroos Ayesha Mubeen	A
19	Farooqui Afirah Abulwafa	A
20	Gade Aishwarya Kiran	P
21	Gaikwad Gouri Raju	P
22	Gaikwad Shital Shivaji	P
23	Gharat Bhakti Subhash	P
24	Gherade Dipali Uttam	P
25	Ghodake Karishma Devidas	P
26	Gotarne Ketan Dilip	P
27	Gupta Monika Govind	P
28	Gupta Sujeetkumar Ramsumar	P
29	Jadhav Preeti Rajendra	P
30	Jadhav Vasudha Sudhakar	P
31	Jain Divya Vardhaman	P
32	Jain Surbhi Prafull	P
33	Joshi Mahesh Madhukar	P
34	Kadam Ganesh Mahadev	P
35	Kadu Namita Tulshidas	P
36	Kamble Pranita Chhagan	P
37	Kamtam Shravani Rajaram	P
38	Karandikar Manali Vasantrao	P
39	Karnavat Trupti Rikhabchand	P
40	Khan Abeer Siraj Ahmed	A
41	Khan Sadafiram Jawwad Ahmed	A
42	Khan Shahid Gayasuddin	A
43	Khatik Samira Israil	A
44	Kolapkar Gopal Lahanu	P
45	Mahajan Anjali Bansilal	P





## Neminagar Chandwad ( Nashik )

## IV B.H.M.S.(Nov/May 2019-20)

Roll.No.	Name of students	Attendance
46	Majhi Pravasini Pratap	P
47	Mali Rahul Ravindra	P
48	Malkani Aditi Ghanshyam	P
49	Mandhane Mahima Pradeepkumar	P
50	Maurya Sudha Ramjeet	P
51	Mohite Shubham Sanjay	P
52	Momin Mohd Anzar Shakeel	A
53	Narale Akshay Shivaji	P
54	Nikam Sachin Appasaheb	P
55	Nimase Pooja Sambhaji	P
56	Patel Pragati Jitendra	P
57	Pathan Mazz Ahmed Nisarkhan	P
58	Pathan Nagma Babu	P
59	Patil Ashwini Avinash	P
60	Patil Hansali Vikas	P
61	Patil Makarand Balu	P
62	Patil Pavan Bhaskar	P
63	Patil Sushmita Ishwar	P
64	Pendharkar Bhagyashri Bapu	P
65	Rathod Digvijay Premraj	P
66	Ahmed Rimsha Ansari Shafeeque	A
67	Ruchi Ravikumar	P
68	Salmani Kausar Jamil	A
69	Shaikh Asmabi Yunus	A
70	Shaikh Muskan Ashraf	P
71	Sharma Kritika Subhash	P
72	Sharma Prerak Ajay	P
73	Sheikh Azmeena Abdul Mannan	A
74	Shetty Vaishnavi Damodar	P
75	Shewale Harshala Sunil	P
76	Shinde Nikita Sampat	P
77	Shinde Sayogita Sanjay	P
78	Shinde Vaishali Mohan	P
79	Shirsath Shardul Bapu	P
80	Siraskar Shilpa Munjajirao	P
81	Suryawanshi Yamini Subhash	P
82	Talekar Vaishnavi Govardhan	P
83	Yadav Babita Ashok	A
84	Yadav Sachin Faujdar	P
85	Yelve Jyoti Baburao	P
86	Zanzad Suraj Vilas	P
87	Prajapati Sachin Vinod	P



*Aspose*  
21/6/20